

Ifishi y'Ibibazo Suzuma Mbere y'Ibarura

Q#	Ibibazo Suzuma	Igikorwa Kigomba Gukorwa
1.	<p>Waba waragize <u>ibimenyetso ku buzima bwawe byo kwivumbura gukabije k'umubiri*</u> (nko guhungabana ku rwego rukomeye k'ubuzima) igihe ufata doze ya mbere y'urukingo rwa COVID-19, Pfizer-BioNTech, cyangwa iyindi miti mu yigize urukingo (harimo nka polyethylene glycol ikunze gukoreshwa mu kuvura impatwe)?</p> <p>CYANGWA</p> <p>Waba waragaragaje <u>ibimenyetso byo kwivumbura k'umubiri gukabije</u> mu masaha 4 nyuma yo kwakira doze ya mbere y'urukingo rwa COVID-19 Pfizer-BioNTech cyangwa indi miti mu yigize urukingo (harimo nka polyethylene glycol ikunze gukoreshwa mu kuvura impatwe)?</p> <p>Ibigize Urukingo rwa Pfizer-BioNTech harimo:</p> <ul style="list-style-type: none"> • Akanyangingo gatoya ka RNA gafitanye isano n'urusobe rw'uturemango (Messenger RNA (mRNA)) • Intungamubiri dusanga mu mavuta n'imisemburo (Lipids): <ul style="list-style-type: none"> ○ (4-hydroxybutyl)azanediyl)bis(hexane-6,1-diyl)bis(2-hexyldecanoate) ○ 2[(polyethylene glycol)-2000]-N,N-ditetradecylacetamide ○ 1,2-distearoyl-sn-glycero-3-phosphocholine ○ Intungamubiri zituruka ku bikomoka ku matungo (Cholesterol) • Ikinyabutabire cy'umunu (Potassium chloride) • Ikinyabutabire kirimo umunu ushinzwe gushyira ku murongo kalisiyumu zo mu mubiri (Monobasic potassium phosphate) • Umunu (Sodium chloride) • Ikinyabutabire cya (Dibasic sodium phosphate dihydrate) • Isukari (Sucrose) 	
	<p>➤ YEGO</p>	NTABWO ahawa urukingo rwa Pfizer-BioNTech cyangwa Moderna.
	<p>➤ OYA</p>	Komeza ku Kibazo cya #2
2.	<p>Waba waragize <u>ibimenyetso ku buzima bwawe byo kwivumbura gukabije k'umubiri *</u> (nko guhungabana ku rwego rukomeye k'ubuzima) igihe ufata doze ya mbere y'urukingo rwa COVID-19 Moderna, cyangwa indi miti mu yigize urukingo (harimo nka polyethylene glycol ikunze gukoreshwa mu kuvura impatwe)?</p> <p>CYANGWA</p> <p>Waba waragaragaje <u>ibimenyetso byo kwivumbura k'umubiri gukabije</u> mu masaha 4 nyuma yo kwakira doze ya mbere y'urukingo rwa COVID-19 Moderna cyangwa indi miti mu yigize urukingo (harimo nka polyethylene glycol ikunze gukoreshwa mu kuvura impatwe)?</p> <p>Ibigize Urukingo rwa Moderna harimo:</p> <ul style="list-style-type: none"> • Akanyangingo gatoya ka RNA gafitanye isano n'urusobe rw'uturemango (Messenger RNA (mRNA)) • Intungamubiri dusanga mu mavuta n'imisemburo (Lipids): <ul style="list-style-type: none"> ○ SM-102 (ikoreshwa cyane kuri Moderna) ○ Polyethylene glycol [PEG] 2000 dimyristoyl glycerol [DMG] ○ 1,2-distearoyl-sn-glycero-3-phosphocholine [DSPC] ○ Intungamubiri zituruka ku bikomoka ku matungo (Cholesterol) • Ikinyabutabire cya (Tromethamine) • Ikinyabutabire kigabanya aside mu mubiri (Tromethamine hydrochloride) • Aside ya Vinegere (Acetic acid) • Ikinyabutabire cy'umunu (Sodium acetate) • Isukari (sucrose) 	
	<p>➤ YEGO</p>	NTABWO ahawa urukingo rwa Moderna cyangwa Pfizer-BioNTech.
	<p>➤ OYA</p>	Komeza ku Kibazo cya #3

3.	<p>Waba waragaragaje ibimenyetso byo kwivumbura k'umubiri gukabije mu masaha 4 nyuma yo gufata umuti wa polysorbate?</p> <p>(Icyitonderwa: umuti wa polysorbate uteye neza neza nka polyethylene glycol, akaba ari umuti mu yigize inkingo zombi za COVID-19; Pfizer- BioNTech ndetse na Moderna mRNA. Ku by'ibyo, ku muntu ugira ukwivumbura k'umubiri iyo afashe umuti wa polysorbate yaba ari mu byago bikomeye byo kugira ukwivumbura gukomeye k'umubiri kuri rumwe muri izi nkingo za COVID-19.)</p>	
	<ul style="list-style-type: none"> ➤ YEGO 	NTABWO ahabwa urukingo rwa Moderna cyangwa Pfizer-BioNTech.
	<ul style="list-style-type: none"> ➤ OYA 	Komeza ku Kibazo cya #4
4.	<p>Waba waragize ibimenyetso ku buzima bwawe byo kwivumbura gukabije k'umubiri* (nko guhungabana ku rwego rukomeye k'ubuzima) ku kintu runaka (harimo indi miti, amafunguro, ibinyabutabire runaka, ibiterwa n'ibidukikije, n'ibindi)?</p>	
	<p>CYANGWA</p> <p>Waba waragaragaje ibimenyetso byo kwivumbura k'umubiri gukabije mu masaha 4 nyuma yo gufata urundi rukingo cyangwa ugaterwa umuti binyuze mu rushinge (harimo inshinge ziterwa mu mutsi, mu mukaya, cyangwa mu ruhu)?</p>	
	<ul style="list-style-type: none"> ➤ YEGO 	Umuntu ashobora gupanga igihe yafatira urukingo, ariko mbere na mbere agirwe inama yo kubanza kuganira na muganga we ku kwivumbura k'umubiri we, ingaruka zifatika byamugiraho ndetse n'ibiza byo kuba yahabwa urukingo. Musangize uyu muntu "Amakuru Arebana n'Urukingo rwa COVID-19 ku Bantu Bafite ibyo Bibazo by'Ubuzima". Igihe bahawe urukingo, bazakurikiranwa mu gihe cy'iminota 30 nyuma yo gukingirwa.
	<ul style="list-style-type: none"> ➤ OYA 	Komeza ku Kibazo cya #5
5.	<p>Waba warafashe imiti ku buryo buhoraho yongera ubudahangarwa bw'umubiri mu rwego rwo kurwanya COVID-19 mu minsi 90 ishize (harimo nko guhabwa amaraso y'abandi bantu bakize uburwayi ndetse no kongererwa uturemangingo dushinzwe kongera ubwirinzi bw'umubiri, nka bamlanivimab ndetse na casirivimab/imdevimab)? (Icyitonderwa: Inkingo za COVID-19 ntizigomba gutangwa byibura mu minsi 90 nyuma yaho umuntu afatiye imiti ku buryo buhoraho yongera ubudahangarwa bw'umubiri mu rwego rwo kurwanya COVID-19 mu rwego rwo kwirinda ko ubuvuzi bwo kongerwa ubudahangarwa bw'umubiri bwabangamira imikorere y'urukingo.)</p>	
	<ul style="list-style-type: none"> ➤ YEGO 	NTABWO wemerewe gupanga igihe wafatira urukingo kugera iminsi 90 ishize kuva igihe wafashe imiti ku buryo buhoraho yongera ubudahangarwa bw'umubiri.
	<ul style="list-style-type: none"> ➤ OYA 	Komeza ku Kibazo cya #6
6.	<p>Waba warafashe urundi rukingo rutajyane n'urwa COVID-19 (urugero., ibicurane) mu minsi 14 ishize? (Icyitonderwa: urukingo rwa COVID-19 rugomba gutangwa rwonyine kandi byibura mu minsi 14 itandukanye n'izindi nkingo.)</p> <p>➤ Niba ari Yego, ni iyihe tariki wafasheho urukingo rwa nyuma rutandukanye n'urwa COVID-19? (Shyiraho Itariki)</p>	
	<ul style="list-style-type: none"> ➤ YEGO 	NTABWO wemerewe gupanga igihe wafatira urukingo kugera iminsi 14 ishize kuva igihe wafatiyeho izindi nkingo).
	<ul style="list-style-type: none"> ➤ OYA 	Komeza ku Kibazo cya #7
7.	<p>Waba ufite ubudahangarwa bw'umubiri buri hasi ** (ubudahangarwa bw'umubiri bwaba bunaniwe kandi bukaba budakora neza)?</p>	

	<ul style="list-style-type: none"> ➤ YEGO 	Umuntu ashobora gupanga igihe cyo gufata urukingo, ariko mbere na mbere agirwe inama yo kuganira n'ushinzwe gukurikirana ikibazo cye ku birebana n'uburwayi bwe bwo kugira ubudahangarwa buri hasi, ingaruka zifatika byamugiraho ndetse n'ibiza byo kuba yahabwa urukingo. Musangize uyu muntu " <i>Amakuru Arebana n'Urukingo rwa COVID-19 ku Bantu Bafite ibyo Bibazo by'Ubuzima</i> ".
	<ul style="list-style-type: none"> ➤ OYA 	Komeza ku Kibazo cya #8
8.	Waba utwite?	
	<ul style="list-style-type: none"> ➤ YEGO 	Umuntu ashobora gupanga igihe cyo gufata urukingo, ariko mbere na mbere agirwe inama yo kuganira n'ushinzwe gukurikirana ababyeyi batwite ku birebana no gutwita kwe, ingaruka zifatika byamugiraho ndetse n'ibiza byo kuba yahabwa urukingo. Musangize uyu muntu " <i>Amakuru Arebana n'Urukingo rwa COVID-19 ku Bantu Bafite ibyo Bibazo by'Ubuzima</i> ".
	<ul style="list-style-type: none"> ➤ OYA 	Umusozo

* Kwivumbura gukabije k'umubiri harimo ibimenyetso byo guhungabana k'ubuzima nko kubyimbirwa mu isura, iminwa/ururimi, cyangwa umuhogo; guhirita cyangwa guhumeka bigoranye; guhindagurika k'umuvuduko w'amaraso, n'ibindi, kandi bikenera gukoresha imisemburo kugira ngo umubiri usubire ku murongo.

** Ibibazo by'ubudahangarwa buri hasi cyane bw'umubiri harimo kuba uri ku miti ya kanseri, kumara umwaka uhabwa utunyangingo binyuze mu gutterwa amaraso cyangwa guhabwa urukingo rushya, ubwandum budakira bw'agakoko gasenya ubudahangarwa bw'umubiri (HIV) bufite utunyangingo twa CD4 turi munsi ya 200, ihuzagurika ry'ubudahangarwa bw'ibanze bw'umubiri, imisemburo myinshi mu mubiri (urugero., gufata hejuru ya 20 mg z'imiti yongera ubudahangarwa ku munsi mu gihe cy'iminsi irenga 14), n'ibindi.